

Do you want help to stop or reduce your gambling?

Want to help us test a mobile app to see if it can help?



SPGeTTI

is a new research study interested in finding out if having a specific mobile phone app can support you to make changes to help you stop or reduce your gambling. The app was designed by NIHI at the University of Auckland to support you by sending messages to help you reach your goal and using your GPS to trigger extra support when you are in a gambling zone that has pokie machines. We don't know if it will work yet which is why we would love you to help us test it.

Join Us Now!

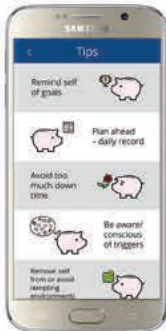


Interested?

Easy to participate

Stop or reduce your gambling

Receive support



For more study info

Email: spgetti@auckland.ac.nz

Website: www.spgetti.auckland.ac.nz

Facebook: <http://www.facebook.com/SPGeTTI>